

CLASS SCHEDULE

LIL' DRAGONS

ages 4 & 5 years old (30-minute classes)

TUESDAY, THURSDAY, & FRIDAY
4:15 p.m. TO 4:45 p.m.



JUNIORS

ages 6 to 12 years old (45-minute classes)

Beginners &
Intermediate
White, Yellow, Orange, Green
& Purple Belts

MONDAY - 5PM
TUESDAY - 6PM
WEDNESDAY - 5PM
THURSDAY - 6PM
FRIDAY - 5PM
SATURDAY 10AM

Advanced Students
Blue, Brown, Red
& Black Belts

MONDAY - 6PM
TUESDAY - 5PM
WEDNESDAY - 6PM
THURSDAY - 5PM
FRIDAY - 5PM
SATURDAY 10AM

Minimum Class Attendance to Test for Rank per Testing Cycle.

BELT COLORS

White 10
Yellow 11
Orange 12
Green 13
Purple 14
Blue 15
Brown 16
Red 20
Black 24

A D U L T S

ages 13 years old & up
White Belts through Black Belts

MONDAY - 9AM & 7PM
TUESDAY - 9AM & 7PM
WEDNESDAY - 7PM
THURSDAY - 9AM & 7PM
FRIDAY - 6PM & **MUAY THAI 7PM**
SATURDAY 11AM & **MUAY THAI 12PM**

Attend
classes
at least
2 to 3 times
weekly.
When
entering the
workout floor,
if you
arrive
15-minutes
late for class,
DO NOT ENTER

EMMONS' TAEKWONDO ACADEMY

2573 EAST IRLO BRONSON MEMORIAL HIGHWAY, KISSIMMEE, FL 34744 - WWW.EMMONSTAETKWONDO.COM

407-931-1118

HORARIO DE CLASES

LIL' DRAGONS

Edades de 4 y 5 años (clases de 30 minutos)

Martes, Jueves, y Viernes
4:15 p.m. a 4:45 p.m.



JUNIORS

De 6 a 12 años (clases de 45 minutos)

Estudiantes
Principiantes e
Intermedios

**Cinturones Blancos, Amarillos, Naranjas,
Verdes y Morados**

Lunes 5 p.m.
Martes 6 p.m.
Miércoles 5 p.m.
Jueves 6 p.m.
Viernes 5 p.m.
Sabado 10 a.m.

Estudiantes
Avanzados

**Cinturones Azules, Marrones,
Rojos y Negros**

Lunes 6 p.m.
Martes 5 p.m.
Miércoles 6 p.m.
Jueves 5 p.m.
Viernes 5:00 p.m.
Sabado 10 a.m.

Asistencia mínima a clase para probar el rango por ciclo de prueba.

Colores del Cinturón

Blancos - 10
Amarillos - 11
Naranjas - 12
Verdes - 13
Morados - 14
Azules - 15
Marrones - 16
Rojos - 20
Negro - 24

ADULTOS

De 13 años en adelante
Cinturones de Blanco a Negro

Lunes 9 a.m. e 7 p.m.
Martes 9 a.m. e 7 p.m.
Miércoles 7 p.m.
Jueves 9 a.m. e 7 p.m.
Viernes 6 p.m. e **MUAY THAI 7PM**
Sabado 11 a.m. e **MUAY THAI 12PM**

Asistir a
clases
al menos
2 o 3 veces
por semana.
Al entrar
en el
piso de
entrenamiento,
si llegas
15 minutos
tarde a clase,
NO ENTRES.

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